

## **Eastern Mediterranean Picnic**

Longer days and warmer weather call for a picnic, the perfect way to take a break from it all, enjoy nature, and improve your well-being. Picnics are also an opportunity (or an excuse) to gather with family and friends in a casual setting and enjoy a no-fuss meal under the sky.

In our cooking class you'll learn to prepare picnic-friendly dishes inspired by the Eastern Mediterranean region, where the weather is mild and eating outdoors in a social setting is a big part of everyday life. We will focus on simple, tasty dishes that are easy to make, travel well, and can be eaten cold while sitting on a blanket (often without utensils). The menu will include baking pita bread, cauliflower and eggplant tahini, veggies stuffed pastry, lentil salad, and halvah cookies. This in-person class is a combination of demonstration and hands-on experience. We will spend the second part of the afternoon outdoors (if the weather permits), enjoying what we have prepared, engaging socially, and sharing more picnic dish ideas.

Limited to 10. Registration will open soon.