

CINNAMON DATE

INGREDIENTS: Oat Base (Water, Oat, Enzymes), Tahini (Sesame Seeds), Cane Sugar, Inulin (Chicory Root), Dates, Gum Blend (Acacia, Tara, Guar), Cinnamon, Vanilla Extract, Sea Salt. **CONTAINES:** Sesame. Made in a facility that uses Milk, Eggs, Tree Nuts, Peanuts, Wheat, and Soy.

Nutrition Facts				
3 servings per container				
Servings Size		2/3 cup (112g)		
Calories	Per Serving		Per Container	
	250		750	
	% Daily Value*		% Daily Value*	
Total Fat	13g	17%	39g	50%
Saturated Fat	2g	10%	6g	30%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	60mg	3%	180mg	8%
Total Carb.	35g	13%	105g	38%
Dietary Fiber	11g	39%	32g	114%
Total Sugars	20g		59g	
Incl. Added Sugars	11g	22%	32g	64%
Protein	5g		15g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	110mg	8%	330mg	25%
Iron	2.5mg	15%	7.5mg	40%
Potassium	160mg	4%	490mg	10%

*The % daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DAIRY FREE

PLANT BASED

NO GLUTEN