

CARDAMOM PISTACHIO

INGREDIENTS: Oat Base (Water, Oat, Enzymes), Tahini (Sesame Seeds), Cane Sugar, Inulin (Chicory Root), Pistachio, Gum Blend (Acacia, Tara, Guar), Vanilla Extract, Cardamom, Sea Salt. **CONTAINS: Sesame, Tree Nuts.**
Made in a facility that uses Milk, Eggs, Peanuts, Wheat, and Soy.

Nutrition Facts				
3 servings per container				
Servings Size		2/3 cup (112 g)		
	Per Serving		Per Container	
	270		800	
Calories	% Daily Value*		% Daily Value*	
Total Fat	15g	19%	46g	59%
Saturated Fat	2g	10%	6g	30%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	60mg	3%	180mg	8%
Total Carb.	34g	12%	102g	37%
Dietary Fiber	10g	36%	30g	107%
Total Sugars	19g		57g	
Incl. Added Sugars	16g	32%	47g	94%
Protein	6g		18g	
Vitamin D	0mcg	0%	0mcg	0%
Calcium	110mg	8%	330mg	25%
Iron	2.6mg	15%	7.9mg	45%
Potassium	180mg	4%	540mg	10%

*The % daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DAIRY FREE

PLANT BASED

NO GLUTEN